



PRECISION PILATES
O F S P O K A N E

Precision Pilates is committed to providing a safe and healthy environment for all our clients and staff. To ensure we have a safe and healthy studio, we have implemented the following policies and procedures.

- All Precision Pilates staff will wear a mask when interacting with clients and each other.
- Clients are strongly encouraged to wear a mask. Please bring your own if you have one. Disposable masks are available upon request.
- Social distancing of six feet will be implemented and maintained between staff, clients and visitors in the studio at all times.
- Classes will be staggered to maintain one-way traffic in and out of the studio.
- Studio will maintain a 5:1 client to instructor ratio.
- All equipment/mats will be staggered to maintain minimum 6 foot distance between clients.
- Arrows will designate one-way traffic flow around the bathrooms/office/changing area.
- Only one client will be allowed in the retail, lobby or office areas at a time.
- Clients are encouraged to come to the studio dressed ready for class. Shoes will be left in the vestibule between the doors and plastic bags will be made available for any personal items you may need to store in cubbies.
- Staff will ensure restrooms are frequently cleaned and appropriately disinfected throughout the day.
- All clients will wash their hands or use facility provided hand sanitizer upon entrance to the facility and prior to entering the Pilates floor. This will be confirmed by the instructor.
- Equipment will be sanitized immediately after each use. Towels will be single use.
- Instructors must wash their hands and use hand sanitizer before and after each training session.
- Tissues and trash cans will be made available throughout the studio.
- Doors and windows will remain open where possible and fans will be utilized to improve ventilation.

If you are experiencing any COVID-19 symptoms such as cough, shortness of breath, sore throat, fever, loss of taste or smell, vomiting or diarrhea AND/OR have been in close contact with a confirmed case of COVID-19, we ask that you cancel your class/appointment.

I, _____, have read and agree to follow to policies and procedures above while attending classes/private sessions at Precision Pilates.

Signature

Date